



Visit our web site at: www.rasc-mn.org

Bike Route 5: High Forest

distance ~ 43 miles

Notes: From Bicycle Sports, head west on 16th street to the junction with West Circle Drive (C.R. 122). Head west for about 1 mile and turn left on the Salem Road (C.R. 25) out to Salem Corners (alternatively, on 16th street, turn right on the bike path and go west on the bike trail out to the end of the trail on C.R. 25. Turn left to go to Salem Corners. This avoids much of the busy traffic areas). At Salem corners, turn left to go south on C.R. 3. cross-over MN 30 and continue south to C.R. 6. Turn left to go east to High Forest, where you turn left to go north on C.R. 8. Continue on C.R. 8 to C.R. 16 where you turn right to go past the airport to Simpson. At Simpson, turn left to head back to Rochester on C.R. 1. turn left on 16th street to return to Bicycle Sports.

Note: to shorten the distance, continue all the way back into Rochester on C.R. 8. This reduces the route to ~ 36 miles

- Good road for cycling
- Not suitable
- Bicycle Trail
- County Line

